



A UNIQUE TAI CHI EXPERIENCE FOR  
SMILING HEALTH, REJUVENATION &  
HAPPINESS

# Summerschool 2020

Happilization Centre Spain

Guided by Taoist Tai Chi Master Choy  
Book your Earlybird ticket now!

[https://www.happilizationcentre.org/summerschool 2020](https://www.happilizationcentre.org/summerschool2020)



## Workshop content

### Part 1

22 - 30 July 2020

15 Ways to a Happier You

“LEARN HOW TO HAPPILIZE EVERY MOMENT WITH PEACE, LOVE AND LIGHTNESS!”

Chi healing, Rainbow Tai Chi Kung for Health and Relaxation

### Part 2 -

3-11 August 2020

37 Steps in Happiness

“YOU ARE A DANCER OF LIGHT. FEEL EVERY MOVEMENT LIKE TOUCHING SILK, YOU ARE SHIMMERING IN LIMITLESS WAVES OF TINGLING ENERGY.”

Aqua Tai-Chi Form, Chi Massage for Beauty, Rejuvenation and Health



## Testimonials

Having summer school in Spain at this beautiful place AT and IN the river makes my understanding and the practice of Tai Chi, the river of Chi so much more inclusive. I feel the river is the best gift and teaches me how to be soft and flowing. - Sterre Overvest

The food of Christine was superb! Another level of taste explosions and tingling experiences! So much healthy, organic chi energizing veggies from the garden everyday was extraordinary! - Vincent Sanders



Visit [www.happilizationcentre.org](http://www.happilizationcentre.org)  
for more information about the event.  
For enquiries call (0044)7785 706965  
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